



SEPTEMBER IS NATIONAL FALL PREVENTION AWARENESS MONTH

Falls can be preventable!

- Learn ways to remain independent
- Learn ways to identify fall risks
- Take simple steps to prevent falls
- Receive a safety checklist for your home

**HALIFAX TOWN HALL
GREAT HALL ON THE SECOND FLOOR
499 PLYMOUTH STREET
(ELEVATOR AVAILABLE)
WEDNESDAY, SEPTEMBER 15, 2021
10:00AM TO 11:30AM**

**For more information or to register, contact the
Halifax Council on Aging
781-293-1734 Ext. 136**