

**COUNCIL OF AGING BOARD MEETING  
409 PLYMOUTH STREET  
HALIFAX, MA 02338**

**DATE of Meeting:** November 21, 2023 9:30 a.m.  
**NOTE:** Held every 3<sup>rd</sup> Tuesday of the month  
Selectman Meeting Room – First Floor  
499 Plymouth St Halifax

**Members Present:** Darlene Regan - Director(speakerphone), Mike Rugnetta, Sarah Sloat, Jean Gallant, Ruth Walters, Fred Corrigan, special guest Barbara Curtis(new Outreach Director)

**Secretary's Report:**

- Called to order at 9:33am by Jean Gallant.
- Reviewed Minutes of October 2023
- Jean Gallant made a motion to accept the minutes, second by Fred, voted on and passed.
- all currently approved minute sent to Cesar for posting to the website

**Chair's Report:**

- New COA Policies and Procedures reviewed.
- Motion to accept by Jean, 2nd Mike, approved by board

**Director's Report:**

Budget Report

- board asked for explanation of what is being paid from what accounts, Darlene to ask Sandy for details
- assistant outreach is paid 12 hours from state grant.
- explanation of transportation account
  - inspection sticker expense paid by COA, other normal repairs down by town

Stats and Events Report

- field assistance - SS Community Action Program
- BIP(Balance Incentive Program) special person that COA can use to connect members with Mass Health
- Darlene spoke on SNAP program
- Zumba new flyer
- Cardio Strength class \$5, well received
- Yoga 2 classes
- Info on Holidays in Halifax events
  - decorations in Popes Tavern Victorian Christmas
- Tax provider Joe Benson

- much discussion on whether this program fits COA programming.
- motion was made to have him do free consults by Mike Rugnetta, 2nd by Ruth Walters, then discussion led to an amended motion made by Jean Gallant.
- amended motion was do discontinue Joe Benson's ability to use COA or town buildings for consults, but COA would refer members to his office. 2nd by Ruth Walters approved unanimously.

#### GENERATIONS

- Sarah Sloat reported
  - Gene acting secretary
  - Bella has stepped down as chair
  - John Lasky acting chair
  - 10/2024 terms end, then board member positions will end in alternating years

#### SHINE

- Shine counselor Thursdays 9-4pm, for COA members health and info needs

#### OCES

- group has been supportive with meal offerings

#### TRIAD

- Ken staying on
- 12/5 Triad Holiday lunch  
10am great hall Santa

#### **Correspondence:**

- Does COA allow liquor and cannabis ads in our newsletter, board members agreed its ok, as they are legitimate business in town.

PUBLIC DISCUSSION AND OTHER BUSINESS DEEMED NECESSARY BY THE CHAIR:

**Adjournment 11:10am**