

**COUNCIL OF AGING BOARD MEETING
409 PLYMOUTH STREET
HALIFAX, MA 02338**

DATE of Meeting: February 21, 2023 9:30 a.m.
NOTE: Held every 3rd Tuesday of the month
Selectman Meeting Room – First Floor
499 Plymouth St Halifax

Members Present: Darlene Regan - Director, Mike Rugnetta, Sarah Sloat, Jean Gallant, Judy Rakutis

Secretary's Report: Called to order at 9:37 by Darlene Regan.
Reviewed Minutes of January 21, 2023
Correction made that Judy was not at the January meeting. Mike Rugnetta made a motion to accept the minutes, second by Jean Gallant, voted on and passed.

Budget Report: Darlene reported on:

- why did we show a \$3000 balance
- Instructors need insurance, Zumba has insurance, Chair Yoga needs insurance
- volunteer stats - over 500 hr/month being used.
- new printer discussion, splitting cost with Generations(Bella from Generations in attendance). Possible state grant funding also.
- COA tax help discussions, members are paying tax man directly, while it should be funneled through COA like all other programs.
- Discussion on AARP tax vetra free services option, more info to come

Correspondence:

- Massasoit Little Women play outing
- seminars with attorneys 2x/month
- Atty Schlosser, maybe others 3rd Fri monthly providing free council
- Writing from the Heart program on Fridays, your story matters, taught by new COA board member Ruth Mills Walters.
- talk about required meeting attendance by board members, and removal from board after defined # of absences
- St Patricks day event with Matt York set for 3/24 at Nonnies.
- Corrigan fund has \$1400 as of February.
- Crafts with Matty, 2x/month on Tuesdays.

Director's Reports: GENERATIONS –

- reports that lots of rules had been going unfollowed, and looking for more direction from secretary of state to be more rule based
- Sarah Sloat volunteered to be liaison with COA/Generations
- talk about adding a line item in budget for electric bill assistance for seniors

SHINE - no report given

OCES -

- expanded congregate lunch from 3 - 7 ppl
- there is no representative from Halifax on OCES board
- we need a case manager
- nutritionist to talk about medications and their reactions with food

TRIAD -

-

ByLaw/COA Policies Review:

- much discussion on revisions and updates, continued for finishing at the future meeting.
- Transportation policy meeting set for March.

PUBLIC DISCUSSION AND OTHER BUSINESS DEEMED NECESSARY BY THE CHAIR:

- Transportation - COA members must call COA, not drivers for rides.
- COA board needs new Chair person - Jean Gallant unanimously elected to Chairperson role for COA board. Congratulations.

Adjournment 11:26am