



SENIOR CENTER NEWSLETTER

OCTOBER 2018



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NEWSLETTER Deb Killeffer

Pope's Tavern Senior Center

506 Plymouth Street

Halifax, MA 02338

Hours: M - Th 8am - 4pm

Fri., 8am - 1pm

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BOARD OF DIRECTORS

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Halloween Party and Concert

**Wednesday, October 31st, 1:30
- 2:30 p.m.**

**at the Great Hall, Halifax Town
Hall**

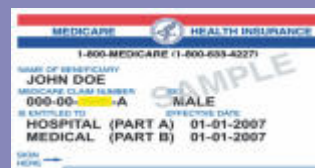
*Please join us for treats and a
ghoulishly good time as Tommy Rull
performs his show. Boogey to the
sounds of The Monster Mash and*

*many other songs that will take you on "A Musical
Journey Through The Years"!*

*Wear your costumes, prepare for a good time and con-
tests! Dessert provided. Reserve your space; call our
office!*

MARK YOUR CALENDAR....

Medication costs keep going up and that means you're paying more! Prescription Advantage can help. It is a state sponsored program that works with your Medicare Part D so that you are not over-paying for your prescriptions. Learn more about this here on **Friday, November 9th** at 11:am with Kathy Devine, Director of Prescription Advantage Operations and Outreach of the Executive Office of Elder Affairs in Boston. She will show us how, if your income is less than \$36,420 (single) or \$49,830 (married), the program can be **FREE!** *Save the date!*



**JOIN US ON WEDNESDAY, OCTOBER
17TH @ 1:30PM**

Select and create a seasonal craft with
Kathleen here! Call to reserve your space,
only \$4pp.



We'd love you join us on our
Lunch & Shop trip, on Monday,
October 22nd. This is a great
time to enjoy an outing, visit
with friends and pick up some
special bargains. We're going to
the Hanover Mall and then to
the



Abington Ale House. Van fee is \$5pp, and
we pick up at 10a.m, returning
approximately 2-3pm. Call office to
reserve your space!



Our mission.....is to identify the economic, health and cultural needs of our senior community and provide an environment of support, learning and socialization while striving to enrich senior lives, offering a wide array of programs, transportation and advocating on their behalf when necessary; thereby promoting independence, wellness and dignity.

GENERATIONS

... a multigenerational community group whose purpose is to engage in the support of the Council on Aging.

Join us at the Police Station, for a meeting to plan upcoming events on Wed., October 17th, 11:00am.

A special trip is planned for Sunday, October 21st at 12:30pm to the Starline Room Dinner & Theatre in Stoughton. \$50pp covers a choice of prime rib or seafood casserole and a Gypsy play production! The Starline was recently the recipient of the Reader's Wicked Local Silver Choice Theatre Award for 2018!

CALL Dottie Martel at 781-801-4822 to reserve or get more information.



This year, on Tuesday, NOVEMBER 27th OCES (Old Colony Elder Services) is participating in **#Giving Tuesday**, a global day dedicated to giving. Coming right after Black Friday and Cyber Monday (days dedicated to spending) Giving Tuesday is dedicated to SHARING. The goal is simple: to help others and incentivize ways to give more, give smarter, and celebrate the great American spirit of generosity through charitable contributions and volunteerism. OCES is raising funds for their Emergency Funds program. This helps meet the needs of at-risk low income older adults and individuals with disabilities who are in a crisis or emergency circumstance that threatens either their health and or living situation. Visit the OCES website at www.ocesma.org or call Kerry Zinago at 508-584-1561 x 437. Thank you!



Don't Miss...

Tuesday, Oct. 9th 9-10am

Best Brunch in the Gathering Room

With Laura Sullivan & her amazing crew of happy volunteers you can choose Dave's famous Made To Order Omelettes, Sausages, home fries, cheese & egg casserole, apple cranberry coffee cake, fruit crisp, hot cider and coffee/tea!

TRIAD is a three-way commitment and communication between the Plymouth County Sheriff's Office, the Council on Aging and Law Enforcement (Police and Fire departments). Typically, TRIAD meets at the Halifax Police Station, 2nd floor on the first Tuesday of the month at 10:00am.



Our special speaker for the October 2nd meeting gives you an opportunity to meet **TIM CRUZ**.

He has served as the Plymouth County District Attorney since November, 2001. During his tenure he has aggressively prosecuted crime in Plymouth County. Working closely with federal, state and local law enforcement agencies, his office has taken guns, drugs, violent felons, sex offenders and drunk drivers off the streets. Most recently, DA Cruz has focused his office's efforts on battling the opioid crisis at all levels. Through specialized units in his office he has worked to protect children, the elderly, domestic violence victims, and the disabled from abuse. His office also works collaboratively with local law enforcement, social service agencies, health care professionals, the faith community and educators on crime prevention initiatives throughout the county.

Meetings are open to everyone; so come, hear about updates and then enjoy coffee and refreshments.

On Monday, August 13th, a van left from the Senior Center to bring a happy group of artists and art lovers to the Boston Commonwealth Museum. Art work done by local senior artists (one proudly at 94 years young!) was displayed at the museum. There were 127 pieces of art. Included were: water color, oils, sketch, pen & ink, pastels and sculptor and mixed media.

All entries were displayed and each artist received a ribbon and certificate. Each artist was introduced and had a photo taken with their piece of art. A lovely lunch was served.

We invite you to visit our studio! We meet every Thursday from 10am-noon.



Sincerely, Dorothy Nogueira

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DID YOU KNOW ?



If you've received a bill by the Town of Halifax for the residents annual \$50 recycling fee , *but you have a private collection company who picks up your recycling products*, you can request a refund or abatement from the Town of Halifax billing. (Don't pay both!)

The White House will send a newborn a birthday card! Just send the following information: Baby's name, address, and date of birth to: White House Greetings Office, Room 39, Washington, DC 20500. Here's another interesting fact: "At least fifteen million people are having a birthday today."



MEALS ON WHEELS will be return to our building, serving Congregate Lunches and delivering from this location on **MONDAY, THURSDAY and FRIDAYS**. Pot luck lunch will continue on Wednesdays. Be sure to call our office to double check if there's a day you plan to come. There will be NO meals served on Tuesday

THANK YOU **Joan Jollie** for 8+ years of service to our community through Old Colony Elder Services. Her replacement to the OCES Planning Council by the Board of Selectmen is **Judy Rakutis**. **Ellie Murphy** will continue on with OCPC.



Abuse toward an elder (includes neglect, physical, sexual and emotional abuse, as well as financial exploitation) can be reported 24/7 by phone to 800-922-2275. During last year in Massachusetts; 30,739 reports of abuse and neglect were received, of which 9,799 cases were confirmed. "If you see something, say something."

Our **Annual August Cookout** was another great success, and we're happy to give a **SHOUT OUT** to:

Nessrala Farms (two bushels of corn), Dick Wright & Dick Steele (Ice cream and Marshfield Fair Tickets), GENERATIONS (hot dogs & rolls) and Ken Corti (Manager of steamer, "The Corn on the Cob"). Thanks to Carol Keegan for the handmade Teddy Bears and to Polly Long for the handmade placemats. (Maureen Doyle & Bill Rideout received these) The following folks were recipients for a variety of prizes: Tickets to the Marshfield Fair: Angelo D'Agostino, Lorraine Scott, Sophia Astor, Rudy Childs; Dunkin Donuts gift cards: Jean Dallaota, Pat Joseph; Walmart giftcard: Marilyn Umbrianna, John Dorney and Nancy Hayes; Meas Dairy Bar: Jackie Farrell, Elaine Caron,, Richard Johnson and Donna Burbank; Lionsville Tavern; Myrna Yunits; Dave's Automotive for a free oil change: Iris Perkoski; John the Barber for a free haircut: Gloria Larson; Teeka Lynne's for a gift card: Linda Laskey; Nails by Julie gave a gift to Harriet Doyle. **Everybody had a great time, and we hope that you will join us next August!**

tell stories around the fire
PUT ON LONGSLEEVES
 read a book under a tree
JUMP IN LEAVES
 WRAP YOUR HANDS AROUND A HOT MUG
 eat a caramel apple
BE OUTDOORS
 FEEL CRISP AUTUMN BREEZES
 roast marshmallows
CARVE A PUMPKIN
 go on a hayride
 HOLD HANDS AND GET COZY
WEAR A SCARF
 bake cookies and pies
 TAKE A DRIVE JUST TO LOOK AT LEAVES

October 16th: **National Dictionary Day** Word nerds rejoice! On this day, you may proudly pore over the pages of your Merriam-Webster and Oxford's alike. Celebrate the holiday by learning 20 new words, and impress your peers and colleagues for life. Or at least for 20 minutes. **Dictionary Day** is in honor of Noah Webster, considered the Father of the American Dictionary. (see calendar) Webster began to write his dictionary at the age of 43. It took him 27 years to finish it! In addition to traditional English vocabulary, it contained uniquely American words. The objective of this day is to emphasize the importance of dictionary skills, and seeks to improve vocabulary.

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