



HALIFAX COUNCIL ON AGING NEWSLETTER



June 2016

Volunteer Appreciation Month

DIRECTOR Barbara Brenton
RECEPTIONISTS Judy Sheppard & Betty Buidorket
NUTRITION / M.O.W. Maria Maynard
OUTREACH WORKER Joyce Curran
OUTREACH ASSISTANT & NURSE Tricia Ross
VAN DRIVERS George A., Gary L.,
Frank S., Christine T.
SHINE COORDINATOR Maria Burke

Pope's Tavern Senior Center
506 Plymouth Street,
Halifax, MA 02338
Hours: Mon. - Thurs. 8am - 3pm
Fri., 8am - 1pm
781-293-7313 or 293-3883
Fax: 781-293-1774

BOARD OF DIRECTORS
CHAIRMAN.....Joy Marble
VICE-CHAIR.....Sharon Hartz
SECRETARY.....Ellie Murphy
MEMBERS ... Jo Schofield
...Helen Doucette

Heartfelt THANKS TO OUR VOLUNTEERS!

The Annual Volunteer Banquet will occur on Wednesday, June 15th, noon at the Boston Tavern, 58 E. Grove St., (Rt. 28), Middleboro.

RSVP to our office. Guests are welcome, \$15.00 pp

Thank you

THESE VOLUNTEERS have given 3,700 hours this year to the ongoing programs of our community.

This is equal to a value of \$77,145.00 provided to the Town of Halifax.

Judy Abar
Carmen Asero
Avis Arsenault
June Austin
Patsy Bright
Maria Burke
Sally Burke
Sarah Carlson
David Chandler
Millie Corkren
Ken Corti
Pat Davis
Alice Dolan
Helen Doucette
Gerry Elliott
Gilda Flanagan
Judy Fuller
Lou Frazier
Nancy Froio
Joyce Gannon
Renee Giovo
Sharon Hartz
Nancy & Jim Hiltz
Pauline Hughes
Joan Jolley
Heather Jones
Mary Keene
Lois Lasdow
Pauline Long
Joy Marble
Dottie Martel
Elaine Marzilli
Annie McKenna

Kathleen McKenna
Sharon McLarey
James Merchant
Ellie Murphy
Arnie Nelson
Carol & Ed Nelson
Jean Noyes
Carol Page
Dorothy Pease
Iris & Larry Perkoski
Brenda Pettingill
Janet Poulos-Villano
Jason Rawlins
Kay Redding
Tom Schindler
Chris Schofield
Jo Schofield
Virginia Slazas
Martha Smith
Sarah Sloat
Laura Sullivan
Rose Steele
Dave Thurston
Martha Tisdale
Chris Tompkins
Harry & Joan Towne
Rosalie Vess
Martin Touhey
Carolyn & Ken Vinton
Dot Wheeler
Elsie Wood
Sue Zimmerman

We MAKE A LIVING
BY WHAT WE GET, BUT WE
make a life
BY WHAT WE GIVE

★
WINSTON CHURCHILL



GENERATIONS

A multi-generational community group whose purpose is to engage in the support of the Halifax Council on Aging



Generation's Annual Yard Sale will be held on

SATURDAY, JUNE 11 FROM 9AM-2PM

ON THE TOWN Hall Green ~ No rain date is planned.

Set up times 8-9am, \$20.00 per space; bring your own table.

CALL Janet at 781-293-9261 for questions and reserving space

MEMBER'S MEETING will be Friday, June 24th @ 11:30am

Lunch included, \$5pp RSVP to Janet



TRIAD

Ken Vinton, Chairman

Triad typically meets every **2nd Tuesday** of the month at the

Halifax Police Station, 2nd floor at 10:00am

Call Ken Vinton for details (781-294-1057)

Our June 14th speaker will be **Jaimie Randall** from the Dept. of Transitional Assistance. He will present what options are available in Plymouth County, as well as the SNAP (Food Assistance) program.

All meetings are open to everyone; so come, listen to the speaker and then enjoy coffee and refreshments.

DID YOU KNOW ?

- Without a doubt, the **BEST BREAKFAST**, served June 14th (special **Father's Day** Brunch) and 28th continues to be a "packed house", standing room only occasion. Don't miss the best way to start a day! All donations go to the St. Vincent DePaul Food Pantry.
- HALIFAX DAISY TROOP 62318** is looking for past Girl Scouts! They'd like to know about how Girl Scouts affected **your life**—come on June 14th, 2:45, please call if you come!
- SPECIAL LUNCH menu** for Thursday, June 2nd includes Chicken Cordon Bleu, Baked Potato, peas/mushrooms, dinner roll, chocolate eclairs or diet white chocolate mousse with topping! YUM! Reservations needed!

FRIDAY, JUNE 23RD at 11:00 there will be a representative from Massachusetts Bar Association to present information "Taking control of your future: An Estate Plan Checkup". Attorney Ashley Evirs will be with us and explain many important points that effect the lives of seniors and attendees will receive a complimentary copy of the resource guide and other information from her.



TIE ON THOSE WALKING SHOES....and join the "Love To Walk" group ON FRIDAY, June 10th, 9am for a walk around Castle Island in Boston harbor. The coordinator is Janet Poulos-Villano, and you can call her at 781-293-9261 if you have any questions or concerns. Reserve your spot by calling our office.

Would you like something placed in the upcoming July/August Newsletter that is of interest to our senior community? Please submit this in writing (who, when, where, why information) and place in the purple file folder on the computer desk in Joyce/Barbara's office. You can also submit the information to Deb Killeffer through debkcoa@gmail.com

Farewell



Joyce Curran will be leaving at the end of June after **18 1/2** years of devoted service to our community. We will miss her so much! Thank you, Joyce, for your years of caring for the elderly and being concerned for their families. Everyone is invited to drop in on **Wednesday, June 22nd for a Farewell Open House from 1-3pm** to say "Farewell". Joyce may be gone from our sight, but she'll never be gone from our hearts. ♥



TUESDAY, JUNE 21ST: Come and meet **Joshua Singer**, a Financial Planner with Edward Jones to help us get updated information on the economy, the stock market, and to help us prepare for continuing volatility. Our 12:30 meeting will include ice cream sodas, so please call our office to reserve a spot!



Shop & Lunch Trip ~ Monday June 6th

Pick up from your home at 9:30a.m (or meet at the COA 9:00am)

Transportation fee is \$5pp, but **lunch is on your own**. We will drive to Dollar

Tree & Meadowbrook Restaurant in Hanson, returning @2pm.

FIRST COME, FIRST SERVED!

Limited seating available ~ Call our office

Next Trip: July 18th: Plymouth shops/restaurant Organizer & Van driver: Chris Tompkins

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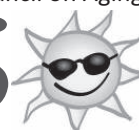
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June 2016



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<i>Good bye may, hello june.</i>	1 9:30 Senior Fit 10am-noon Quilting 10:30 Wii games 11:00 Chair Yoga 12:00 Lunch 6:30 Line Dancing @ All Seasons Restaurant	2 9:00 Networking , Men's Coffee 10:00 Oil Painting 12:00 SPECIAL Lunch* 12:30 Coloring, Grocery Shopping	3 9:00 Errands / Walmart 10:00 Exercise 12:00 Lunch 1:00 Office closes
6 9:00 Church, Shop & Lunch Trip* 10:00 Computer Class & Cards 11-12 Tai Chi—Town Hall 12:00 Lunch 1-3pm Crochet/Knitting 2:00 Joy of Writing	7 9:00 SHINE Assistance 12:00 Lunch 12:00-1:30 Nails by Julie* 2:30 Line Dancing @ All Seasons Restaurant	8 9:30 Senior Fit 10am-noon Quilting 10:30 Wii games 11:00 Veteran Agent Wil Corey, Chair Yoga 12:00 Lunch 12:30 My Life, My Health 6:30 Line Dancing @ All Seasons Restaurant	9 8:30 Blood Pressure 9:00 Men's Coffee 10:00 Oil Painting 12:00 Lunch 12:30 Coloring, Grocery Shopping 1-3 JOB FAIR at Town Hall	10 8:30-12:30 Pedi-care Services* & LOVE TO WALK GROUP* 9:00 Errands / Walmart 10:00 Exercise 12:00 Lunch 1:00 Office closes 11—Saturday:
13 9:00 Church 10:00 Computer Class & Cards 11-12 Tai Chi—Town Hall 12:00 Lunch 1-3pm Crochet/Knitting 2:00 Joy of Writing	14 9-11am FATHER'S Day BRUNCH CELEBRATION & SHINE Assistance 10:00 TRIAD mtg 12:00 Lunch 12:30-3:30 Pedi-Care Services* 2:45 GIRL SCOUT search!	15 9:30 Senior Fit 10am-noon Quilting 10:30 Wii games 11:00 Chair Yoga, 12:00 Lunch HERE and Banquet for volunteers* in Middleboro 6:30 Line Dancing @ All Seasons Restaurant	16 8:30 Blood Pressure 9:00 Networking 10:00 Oil Painting 11:30 Massage* 12:00 Lunch 12:30 Coloring, Grocery Shopping 2:00 Pain reduction/hypnosis with Joann*	17 9:00 Errands / Walmart 10:00 Exercise 12:00 Lunch 1:00 Office closes 19—SUNDAY
20 9:00 Church 10:00 Computer Class & Cards 11-12 Tai Chi—Town Hall LAST CLASS 12:00 Lunch 1-3pm Crochet/Knitting 2:00 Joy of Writing 	21 9:00 SHINE Assistance 12:00 Lunch BOARD MTG. 12:30 Financial Planner* 2:30 Line Dancing @ All Seasons Restaurant	22 9:30 Senior Fit 10am-noon Quilting 10a-1pm Brown Bag 10:30 Wii games 11:00 Chair Yoga 12:00 Lunch 1-3pm Farewell Open House for Joyce 6:30 Line Dancing @ All Season's Restaurant	23 8:30 Blood Pressure 9:00 Men's Coffee 10:00 Oil Painting 11:00 Mass. Lawyers* 12:00 Lunch 12:30 Coloring, Grocery Shopping,	24 9:00 Errands / Walmart 11:00 Attorney Rawlins* 11:30 GENERATIONS* Member's Mtg. 12:00 Lunch 1:00 Office closes
27 9:00 Church 10:00 Computer Class & Cards 12:00 Lunch 1-3pm Crochet/Knitting 2:00 Joy of Writing	28 9:00 BEST BREAKFAST & SHINE Assistance 12:00 Lunch Keep Moving Launch to pass New Orleans! 2:30 Line Dancing @ All Season's Restaurant	29 9:30 Senior Fit 10am-noon Quilting 10:30 Wii games 11:00 Chair Yoga 6:30 Line Dancing @ All Season's Restaurant	30 8:30 Blood Pressure 9:00 Men's Coffee 10:00 Oil Painting 12:00 Lunch 12:30 Coloring, Grocery Shopping 2:00 Pain reduction/hypnosis with Joann*	LOCAL FOOD PANTRYS: ♦ Congregational Church (503 Plymouth St./Rt.106) Tuesdays @ 2:30-4pm 781-293-6393 ♦ Our Lady of the Lake Church, 2nd and last Saturday of every month 9:00-10:30am. 781-293-7971

HELP PROTECT YOUR FAMILY

CALL NOW! 1-888-862-6429



*All the seniors in town
are reading this newsletter.*

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If you want to discontinue receiving this publication, kindly call our office.
There are two ways to view the newsletter: www.halifax.ma.us Or www.seekandfind.com.

Our mission statement...
To identify the economic, health and cultural needs of our senior community and provide an environment of support, learning and socialization while striving to enrich senior lives by offering as wide array of programs, transportation and advocating on their behalf, when necessary, thereby promoting independence, wellness and dignity.



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