

Halifax Senior Center

Growing Together

OCTOBER 2021



A Message from the Council on Aging Director, Darlene Regan:

Greetings to All of you!

It has been joyful to see everyone enjoying activities once again. We encourage all who enter Pope's Tavern to be mindful of COVID Safety guidelines. Every town and city vary with strategies to keep their community safe because there is "no one size fits all" solution. Doing our part to support efforts is key to "getting through" this together.

Some safety features when visiting Pope's Tavern Senior Center:

- Wash your hands often with soap and warm water or with a hand sanitizer
- If you are coughing and sneezing, and not feeling well, stay home and get tested
- Clean items that are frequently touched like doorknobs
- Lastly, we are mask friendly at Pope's Tavern –

We have been listening to requests to bring back many activities like art classes and needling. At this time, the space at Pope's Tavern is limited to office space but, other options are being explored, though funding is part of the equation. Opening space to accommodate all of you is our goal. Please stay patient as we look at possibilities that will keep all well.

Beginning October 4, we will be serving Congregate Meals limited to 4 people per day due to spacing restrictions. Meals will be served by Maria Maynard, OCES Meals Coordinator every Monday and Wednesday from 11 – 12p. **Call in advance for a scheduled seat – 781-293-7313.**

Stay tuned for other activities and fun things to do!

We had wonderful feedback on our first outdoor event held on September 10, 2021. Many thanks to all who supported and worked to make this a success. ***Generations, our community-based friends, supported this event with paying for the famous JIM THE DJ GUY/SINGO.*** Jim's SINGO brought many smiles that combined music and bingo in a sing a long style game. With the help of ***Scott Materna's maintenance crew, Gary, Tommy, and Dick*** – the tables were set up for safety and with hand-sanitizer dispensers strategically placed. We also thank the ***Commonwealth for providing grant funds to keep Halifax Council on Aging*** sweet with ***Dairy Twist on the Moo-ve.*** October and

December we have wonderful events planned, all supported with grant funds from Mass Cultural Council. Halifax Town Administrator, Charlie Seelig has encouraged funding from [LOCAL CULTURAL COUNCIL \(LCC\) PROGRAM](#) and the Halifax COA is grateful.

Stay well as we **GROW TOGETHER**



Congregate Meals

Beginning Monday, October 4, 2021 we will be serving

Congregate Meals

Meals will be served by Maria Maynard, OCES Meals

Coordinator

Every Monday and Wednesday

from 11:00 a.m. – 12:00 p.m. at the Halifax Council on Aging

Call in advance to reserve a seat at

(781) 293-7313. Space is limited.

Upcoming menu:

10/4:	Fiesta Cheese Omelet
10/6:	Shepherd's Pie
10/11:	Closed Columbus Day
10/13:	Chicken Cordon Blue
10/18:	Veal Chop w/ Gravy
10/20:	Hot Dog
10/25:	Turkey Chili



FUEL ASSISTANCE PROGRAM

Fuel Assistance Heating Season runs from November 1st until April 30th. New applicants can apply online at www.sscac.org. If you need Assistance applying you can schedule an appointment with the COA Outreach Department by calling us at 781-293-7313. Appointments are available on Tuesday & Wednesday afternoon from 1-4pm. Please note income guidelines are applicable

# PER HOUSEHOLD	ANNUAL INCOME
1	\$40,951
2	\$53,551
3	\$66,151
4	\$78,751
5	\$91,351

COA TRANSPORTATION:

CALL 781.293.7313

We offer medical and non-medical rides For HALIFAX SENIORS 60+ and/or an individual with a disability and who has a doctors letter stating they cannot provide their own transportation due to their disability. The COA is age friendly and reserves the option to offer other transportation choices if we cannot accommodate your needs,

KEEP IN MIND:

- Requests for medical transportation ***must be made 2 business days in advance***
- Requests for program transportation ***must be made 2 business days in advance***
- We will do our best to accommodate cancellations but, please let us know two business days in advance
- It is important you have a caregiver with you if you need assistance with entering and exiting your home or public buildings



JOIN US FOR AN OPEN PRESENTATION ON REGIONAL 9-1-1

Savings Lives by Phone

**TRIAD TEAM IS OFFERING A
PRESENTATION OUTLINING:**

How Regional 9-1-1 Works

When to call and what to expect when you do

October 5, 2021 at 10:00 a.m.

**Halifax Town Hall, Great Hall, 2nd Floor
499 Plymouth Street, Halifax**

Serving the towns of Duxbury, Halifax, Hanover,
Hanson, Plympton, and Rochester

MEDICARE OPEN ENROLLMENT

Medicare Open Enrollment is **October 15th through December 7th** each year. This is the time for Medicare Beneficiaries to review their options and make sure they have the best coverage to meet their needs in the coming year and make changes accordingly.

As a Certified SHINE Counselor, I am here to assist you with any questions and concerns you may have. Also, if you are turning 65 soon and are unsure of what to do next, please call for an appointment. It is very important to get accurate information, and to enroll within the required time period. Failing to do so will result in a lifetime penalty.

Please call me at (781) 293-1734 Ext. 136 to schedule a meeting in our office or via telephone to go over your questions or concerns. SHINE appointments are available Tuesday mornings from 9:00 a.m. - 12:00 p.m.

Donna Porcello
Outreach/SHINE Coordinator



Line Dancing

Country line dance lessons with instructor
Jean Quimby

**Tuesday Afternoons
2:00 p.m.-3:30 p.m.**

Halifax Town Hall, 2nd Floor
499 Plymouth Street

**For more information contact Jean Quimby
at (781) 293-3378**

FREE!!

Save the Date



"A Spooktacular Afternoon of Magic and Masquerade"

Thursday October 28, 2021 from
1:00 p.m. - 3:00 p.m. at Town Hall,
2nd floor in the Great Hall Room

"Ed the Wizard" will perform his "Magic Show for Seniors" at 1:00 p.m.

***Stay after the show for light refreshments, music,
and a Costume Contest***

Ed the Wizard is funded by a grant from the
Halifax Cultural Council which is
supported by the Mass Cultural
Council



This is FREE to all Halifax Seniors.

***Please call the Council on Aging to reserve your
spot at (781) 293-7313. Space is limited!***

MyActiveCenter

New Option to Register for Certain COA Events

CREATE AN ACCOUNT TODAY!

In order to register you will need the following information:

- * Your current Scan Card if you have one
- * Email address
- * Phone number

Easy Steps to join: Visit: <https://myactivecenter.com/#centers/USA.MA.Halifax.Halifax-Senior-Center>

Sign in (top right) if you already have a

MySeniorCenter Key tag issued by the Halifax COA. If you do not have an account, follow the prompts on the screen to create an account.

Enter scan card number, phone number, email address, and create a password.

You are now ready to register for classes when available.

If you do not have a computer or need assistance contact the office and we will set up an account and register for you. If you cannot register it means registration is not open yet, the class is full, or if any restrictions are applied such as, residence



506 Plymouth Street • Halifax, MA 02338
Tel: (781) 293-7313 • Fax: (781) 293-1774
Website: www.halifax-ma.org/COA
[Follow us on Facebook!](#)

Presorted Standard Postage
US Postage PAID
Permit #42
Halifax, MA 02338

HOURS OPEN TO THE COMMUNITY

MONDAY - THURSDAY: 8:00 A.M. - 4:00 P.M.
FRIDAY: 8:00 A.M. - 1:00 P.M.

RETURN SERVICE REQUESTED



COUNCIL ON AGING BOARD

CHAIRMAN:

Jo Schofield

MEMBERS:

Jean Gallant

Judith Rakutis

Michael Rugnetta

Sarah Sloat

Ivy Methany

THINKING OF JOINING
GENERATIONS? GIVE US A CALL

STAFF

Darlene Regan, Director

Donna Porcello, Outreach Coordinator

Tricia Ross, Assistant Outreach/Nurse

Maria Maynard, Nutrition Site Manager
(Meals-On-Wheels)

Diane O'Brien, Van Driver

Gary Long, Van Driver

Chris Tompkins, Van Driver

Brian Evangelista, Van Driver

Halifax Council on Aging Mission Statement: *To identify the economic, health and cultural needs of our senior community and provide an environment of support, learning and socialization while striving to enrich lives by offering a wide array of programs, transportation and advocating on their behalf, when necessary, thereby promoting independence, wellness and dignity.*