

What is Domestic Violence?

Domestic Violence is a pattern of physical, emotional, verbal, financial and/or sexual abuse to gain power and control within a relationship. A relationship can be a partner, family member or caretaker.

Does Your Partner...

Get jealous easily?
Control every aspect of your life?
Cut you off from friends and family?
Blame others for their problems?
Constantly criticize you?
Threaten to hurt you or your loved ones?
Physically, emotionally or verbally abuse you?

What is Sexual Assault?

Sexual assault is any unwanted sexual contact that includes rape, attempted rape, intentional sexual touching, incest or molestation. It is committed without consent and often through the use of force, intimidation or coercion. Assailants can be strangers, spouses, acquaintances, friends, family members or anyone else. Sexual assault is not about sexual desire, it is about power and control.

You may experience...

Physical reactions: aches and pains, stomach pains

Emotional reactions: shock and disbelief, fear, anger, powerlessness, and self blame

Mental reactions: Hard time making decisions, flashbacks, confusion

If this happens to you or a friend.....

Remember it is **NOT** your fault.

You Are Not Alone!

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Quick Reference to some other local resources

Police

Duxbury Police.....	781-934-5656
Halifax Police.....	781-293-5761
Hanson Police.....	781-293-4625
Kingston Police.....	781-585-0523
Marshfield Police.....	781-834-6655
Pembroke Police.....	781-293-6363
Plymouth Police.....	508-830-4218
Plympton Police.....	781-585-3339

Court Services

Plymouth District Court.....	508-747-0500
Plymouth District Court DA's Office.....	508-747-4182
Plymouth District Court Probation.....	508-747-0500
Plymouth Probate Court.....	508-747-6204
Massachusetts Parole/Victim Services.....	508-650-4500
SAFEPLAN.....	508-746-2664

Elder / Disabled Services

Duxbury Council on Aging.....	781-934-5774
Halifax Council on Aging.....	781-293-7313
Hanson Council on Aging.....	781-293-2683
Kingston Council on Aging.....	781-585-0511
Marshfield Council on Aging.....	781-834-5581
Pembroke Council on Aging.....	781-294-8220
Plymouth Council on Aging.....	508-830-4230
Plympton Council on Aging.....	781-585-5208
Old Colony Elderly Service, Inc.....	800-242-0246
South Shore Elder Services, Inc.....	781-848-3910
Disabled Persons Protection Commission 24 hr Hotline.....	800-426-9009

Other Local Services

Jordan Hospital.....	508-746-2001
Jordan Hospital is a S.A.N.E. site	
Tobey Hospital.....	508-295-0880
High Point Treatment Center.....	508-830-1234
Southeastern Mass Legal Assistance.....	508-586-2110
South Shore Community Action Council Inc.....	508-747-7575
Gay Men's Domestic Violence Project.....	800-832-1901

National Hotlines

SafeLink - 24 hr Hotline.....	877-785-2020
National Domestic Violence Hotline 24 hr hotline.....	800-799-7233
National Sexual Assault Hotline 24 hr Hotline.....	800-656-HOPE
The Network - Gay & Lesbian Domestic Violence Hotline.....	617-742-4911
Llamanos Lineadeayuda.....	800-223-5001
National Runaway 24 hr Hotline.....	800-RUNAWAY
Child At Risk 24 hr Hotline.....	800-792-5200
Elder Abuse 24 hr Hotline.....	800-922-2275
Substance Abuse 24 hr Hotline.....	800-327-5050
Parental Stress 24 hr Hotline.....	800-632-8188

A Guide To Your Local Domestic Violence & Sexual Assault Resources



Prepared for you by the
participating members of
Plymouth Area Roundtable
on Domestic Violence
and Sexual Assault

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