



# SENIOR CENTER NEWSLETTER



November  
2019



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SHINE COORDINATOR Marie Burke  
EDITOR, NEWSLETTER Deb Killeffer

**Pope's Tavern Senior Center**  
**506 Plymouth Street**  
**Halifax, MA 02338**  
**Hours: M - Th 8am - 4pm**  
**Fri., 8am - 1pm**  
**781-293-7313 781-293-3883**

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## **FUEL ASSISTANCE is for those needing help with utilities.**

*Our Outreach Workers, Brenda and Tricia are happy to assist you apply for this important service.* These appointments are available on **TUESDAY & WEDNESDAY from 1:00-3:00pm.** Being pro-active in applying will alleviate the time required to file successfully. Documents needed to begin the process are:

- ◆ Recent electric, telephone and fuel bills
- ◆ Copies of: 4 recent pay stubs, award letter or pension statements for social security, veterans benefits, workers compensation or unemployment benefits, tax bill, rent or land receipt, Social Security cards *for each person in household*
- ◆ Photo ID (such as License).
- ◆ Front page of home owners insurance policy.

To check the status of an application, call the Fuel Assistance Hot Line # 508-746-6707.

WELCOME our new "Chef" **Jane DiMaggio Brooks**, our Hostess for Pot Luck Lunches this month. Jane has served as a personal chef and caterer for many years and was influenced by her grandmother, who worked at Rosie's Place for many years and passed on her love for serving others. Jane was taught that whatever was good for the soul was equally good for the stomach.



She has worked at the Joppa Grill, Beverly Yacht Club, corporate dining and many private homes. She has catered hundreds of events and makes every attendant feel full and happy. She is thrilled to provide a very special meal for any and all Veteran's on **November 6th** (see menu on page 2), as well as a Thanksgiving Meal with all the fixings on **November 20th.** (CALL ahead to reserve your place at our table!)



Have you met **MARIE BURKE**? We'd like to introduce you to a very special volunteer here at the COA. Marie grew up in Reading, graduated from BC where she majored in elementary education, she taught for 26 years in nearby school systems. She raised 3 sons, has 6 grandkids living locally, and has lived in Halifax for over 50 years. She has traveled as far as Scotland to see one of her granddaughters graduate from St. Andrews University there! But more than travel, Marie loves researching her genealogy and was excited to learn how her 2<sup>nd</sup> great grandfather fled Ireland because of his inflammatory writings against the crown. Marie is a member of two genealogy groups, but enjoys helping others gain assistance through the maze of health care services. Over 100 elders have received help from Marie this year!

**SHINE (Serving Health Insurance Needs of Everyone)** is free help to elders who struggle with understanding the abundance of choices that are available. **OPEN ENROLLMENT (Oct. 15-Dec.7)** is a critical time when those on Medicare can change

their drug or advantage plans to fit their needs. Marie can also help guide individuals through the maze of enrollment and eligibility for Mass Health. It's important to **KEEP UP TO DATE** with upcoming changes and requirements for elders. **Marie is available by appointment on Tuesday mornings 9-11am.** Please call our office!

**Our mission.....**is to identify the economic, health and cultural needs of our senior community and provide an environment of support, learning and socialization while striving to enrich senior lives, offering a wide array of programs, transportation and advocating on their behalf when necessary; thereby promoting independence, wellness and dignity.



## Join us!

visible house number replacement, Lock Box and the "Are You Okay?" phone program and updates on recent scams.

TRIAD meetings are open to everyone. TRIAD typically meets at the Halifax Police Station, 2nd floor on the *first Tuesday* of each month at 10:00am. Come hear about important community news and updates. *You don't have to be a resident of Halifax to attend!* Enjoy coffee and refreshments.

### TIMOTHY DEPIN

from the Office of The Attorney General will be speaking about **residential competitive electric supply** for your home. He will explain the good & bad regarding changing electric supplier, as well as the costs of changing back to your original supplier. ***Please come and be informed!***

## CHRISTMAS EXTRAVAGANZA

will be **Tuesday, December 10th** at the Lady of the Lake Meeting Hall. Laura and her crew will be preparing a feast, and a surprise is planned for entertainment! Watch next month's newsletter for updates. ***Save The Date!***

## LOCAL FOOD PANTRIES:

- ◆ Congregational Church (503 Plymouth St./ Rt.106) Tuesdays 2:30-4pm 781-293-6393
- ◆ Our Lady of the Lake Church, 2nd and 4th Saturdays 9-10:30am 781-293-7971

# GENERATIONS



Generations is a multigenerational community group whose purpose is to engage in the support of the Council on Aging. They invite you to be a part of their mission and attend their events. Please make donations of clothing & books in the metal container behind the Pope's Tavern COA Bldg. Proceeds will benefit the group's mission.

We want to provide a **HUGE** thank you to all who were part of the successful **FAMILY FUN DAY** at Next Step Farm! **THANK YOU** to Scott & Lydia, our hosts and others who gave of their time, baked goods, setting up and taking down, raffles, and many more special contributions. **It was a wonderful day!**

***IF INTERESTED IN JOINING, PLEASE COMPLETE THE MEMBERSHIP FORM ON PAGE 3 AND RETURN THIS MONTH!***

**BEST BREAKFAST = *Best place to be!***

**9-10:30am**

**November 12th, Tuesday**

Join us for Dave's Famous omelettes, breakfast casserole, cheesy potatoes, sausage biscuits and hot beverages

***Please be mindful that donations given are to cover costs and benefits our local food pantry.***

ALL ARE WELCOME to join a fun bunch for bowling and the start of a new season at the Hanson Bowladrome, 171 Reed St. (Off Rt.27) **EVERY THURSDAY, 9:30-noon; 6.75 without shoes, 1.00 banquet.** Call RITA MAGNARELLI (781-) 293-3348 for details.



A Wednesday **Potluck Lunch\*** is offered during the month and we provide a delicious homemade meal for only \$2.50pp. **We need to receive YOUR reservation by the Monday before with your intent to attend so that we have enough food prepared.** *If you have a special diet or want to bring your own, please know that we're flexible!*



**Appreciation Lunch** on November 6th (FREE) for **VETS** (only)—Pulled Pork & Bread Slider, Baked Beans, Blueberry Buckle. Vet Agent, Wil Corey will be here and local reps from our VA Post. **SPACE is LIMITED—RSVP\* today!**

Remembering her example Aug. 27

November 20th—"Thanksgiving Yummies and all the fixings" - (SPACE is LIMITED: 32 total) Your RSVP\* is required.

► Reach the Senior Market

## ADVERTISE HERE

CONTACT

Karen Fontaine to place an ad today!  
kfontaine@lpiseniors.com or (800) 477-4574 x6350



## Bridgewater Nursing Home

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Our **TRIP OUT\*** ventures with **Chris Tompkins** for this month are below. Be sure to CALL to reserve your space on the van! We leave approximately 9am, return at 2pm.



Monday, Nov. 11th ~ Christmas Tree shop (Pembroke) and lunch at Johnny Macaroni's.



Monday, Nov. 18th ~ Twin River, Lincoln, RI



The **BROWN BAG** program is a GREAT way to supplement your grocery needs. You can apply at the COA with Brenda or Trish (Appointments are available on Tuesday or Wednesday from 1-3). A typical grocery bag weighs about 15 pounds and contains roughly \$40 worth of food items such as: milk, cheese, ground turkey, yogurt, spinach, carrots, dried fruit, spaghetti, peanut butter and cereal. Distribution is on the 3rd Wednesday. Check our calendar enclosed to be certain of times and dates, but you must **connect with our Outreach Workers first**.

### DID YOU KNOW

the differences between these special days?

**MEMORIAL DAY** is remembering and honoring military personnel who died in the service of their country, particularly those who died in battle or as a result of a wound sustained in battle. **VETERANS DAY** is intended to thank all those who honorably served in the military—in war time or peace time.

Silver Lake Regional High School is planning an **Annual Appreciation Day** on November 8th, 9:30-10:30 with a ceremony, musical performances and a video production. Call Melissa Fontaine 781-585-3844 if you'd like to be present.

There are also free meals provided for Veterans (with ID card) at 96 different restaurants, including: Applebees, iHop, TGIFridays and a free donut at DD. Check this website for more information:



<https://www.thespruce.com/veterans-day-free-meals-1357348>



The 2020 Census is coming to Halifax! This might be an important and unique way for you to support our community. The Census data determines Federal funding to Medicare and Medicaid, MassHealth, Children's Health Insurance Program, and several Health Center programs. The Census also determines our political representation for the next 10 years at a local, state and federal levels. In addition to taking the time to collect the information they need, they are hiring Census takers, and offer \$21.00/hr. and 58c per mile for travel. Much of the work can be done from home by phone, not all contacts are done door to door.

Go to: [www.2020Census.gov/jobs](http://www.2020Census.gov/jobs) for more information and application. Remember that the U.S.Census will NEVER ask you for your Social Security number, your bank account or credit card numbers, money or donations!



### 2019-2020 GENERATIONS MEMBERSHIP

NAME: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Please Check:

☐ \$5.00 annual membership (checks payable to "Generations")

☐ I would like to include an additional contribution of \_\_\_\_\_ in memory of \_\_\_\_\_

Mail to: Rita Magnarelli, Treasurer, 16 Maplewood Dr., Halifax 02338

We are a 501c3 non profit organization.

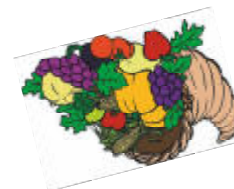
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