



HALIFAX COUNCIL ON AGING NEWSLETTER

FEBRUARY 2013

POPE'S TAVERN SENIOR CENTER

506 Plymouth Street

OPEN (9:00—3:00 Mon—Fri)781-293-7313 FAX 781-293-1774

DIRECTOR Barbara Brenton
Judy Sheppard

VAN DRIVERS

Carol Page
John Kealey
Frank Sullivan
Christine Tompkins

OUTREACH WORKER..... Joyce Curran

OUTREACH ASST Elaine Marzilli



BOARD OF DIRECTORS

CHAIRMAN..... Elaine Dolan

VICE-CHAIRMAN..... Joy Marble

SECRETARY..... Joy Marble

MEMBERS Lee Mulready

Jo Schofield

Carolyn Vinton

Sharon Hartz

VALENTINE'S DAY "CHOWDER FEST" LUNCHEON

WHEN" Thursday, February 14th

TIME: Noontime

WHERE: Council on Aging, Popes Tavern

MENU: Clam or Corn Chowder, breads and enjoy a light chocolate dessert! Only \$3.00 for the meal!



The first 10 people to sign up will go into a drawing for a Wal-Mart Gift Card. Please call early to reserve a seat! Enjoy President's and Valentine Day trivia before the meal! Invite a friend, bring your own lunch, or buy a lunch and stay and have some fun!

HAPPY VALENTINE'S DAY QUOTE

"All You Need Is Love, But A Little Chocolate Now & Then Doesn't Hurt."

Charles M. Schulz

TAX PREPARER MR. JOSEPH BENSON

Started, Wednesday afternoons, January 30th at the Council on Aging, from 1:00—3:30 for \$25.00 p/p to do your taxes. This is Joe's third season in Halifax and we are grateful for his excellent work, his low cost and he always gives 10% back to benefit the seniors of Halifax! Thanks Joe! Please call or stop by for an appointment time.

MONTHLY NEWSLETTERS — GOOD NEWS !!

The budget has been reworked with a few line items moved into Newsletter Postage line. We are happy to continue sending the monthly newsletter out to those turning age 60+ each and every month. We do ask that if you know of someone who has moved or does not wish to receive a newsletter to please give us a call.



PRESIDENT'S DAY TRIBUTE HISTORY

President's Day officially celebrates George Washington's birthday(1st president) and also honors Abraham Lincoln and celebrates the birthdays and lives of all U.S. presidents.



The origin of President's Day lies in the 1880s, when the birthday of Washington, commander of the Continental Army during the American Revolution was first celebrated as a federal holiday. In 1968 Congress passed the Uniform Monday Holiday Bill , which moved a number of federal holidays to Mondays. During debate on the bill it was proposed that Washington's Birthday be renamed President's Day to honour the birthdays of both Washington (2/22) and Lincoln (2/12). Although Lincoln's birthday was celebrated in many states, it was never an official holiday. Following much discussion, Congress rejected the name change. After the bill went into effect in 1971, however, President's Day became the commonly accepted name, due in part to retailers' use of that name to promote sales and the holiday's proximity to Lincoln's birthday. President's Day is usually marked by public ceremonies in Washington D.C. and throughout the USA.

ST. PATRICK'S DAY PARTY

MARCH 13th -WEDNESDAY






COME CELEBRATE AT HALIFAX COUNTRY CLUB

Corned Beef & Cabbage or
Baked Scrod luncheon



starts at noon and entertainment begins at 1:00pm with legendary female vocalist —Jennifer Mello who sings great Irish classics from Bing Crosby and the Dubliners, as well as hits from Patsy Cline, Connie Francis, Johnny Cash and many, many more!

Tickets on sale for \$14.95 at the Council on Aging until March 1st, 2013. Tickets go fast so please get them early.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:00 Errands & Wal-Mart 10:00 Exercise 12:00 Lunch 1:00 Train Dominos
4 10:00 Bridge/Cards 10:00 Basic Computer 12:00 Lunch 1:00 Craft /Crochet & Knitting Group 2:30 Joy of Writing	5 9:00 Men's Coffee Hr. 9:00 SHINE 9:00 Country Mouse/ Mamma Mia's 12:00 Lunch 1:00 Podiatrist 1:00 Nails by Julie	6 9:00 Church Group 10:00 Ladies Social 12:00 Lunch 1:00 Red Hats 1:00 Tax Preparer	7 9:00 Oil Painting 10:00 Coffee Hour 10:30 VNA Blood Pressure/Glucose 12:00 Lunch 12:30 Grocery Shopping 1:00 Bingo	8 9:00 Errands & Wal-Mart 10:00 Exercise 12:00 Lunch 1:00 Train Dominos
11 10:00 Bridge/Cards 10:00 Basic Computer 12:00 Lunch 1:00 Craft/Crochet & Knitting Group 2:30 Joy of Writing	12 9:00 Men's Coffee Hr. 9:00 SHINE 12:00 Lunch	13 9:00 Church Group 10:00 Ladies Social 10:00 Quilting 12:00 Lunch 1:00 Tax Preparer	14 9:00 Oil Painting 9:00 Blood Pressure w/Carol 10:00 Coffee Hour 12:00 Valentine Lunch 12:30 Grocery Shopping 1:00 Bingo	15 9:00 Errands & Wal-Mart 10:00 Exercise 12:00 Lunch 1:00 Train Dominos
18 PRESIDENT'S DAY  (COA CLOSED)	19 9:00 Men's Coffee Hr. 9:00 SHINE 10:00 COA Board Mtg 12:00 Lunch	20 9:00 Church Group 10:00 Ladies Social 10:00 Quilting 11:00 Veteran Agent 12:00 Lunch 1:00 Tax Preparer	21 9:00 Oil Painting 9:00 Blood Pressure w/Carol 10:00 Coffee Hour 12:00 Lunch 12:30 Grocery Shopping 1:00 Bingo	22 9:00 Errands & Wal-Mart 11:00 Attorney 12:00 Lunch 1:00 Train Dominos
25 10:00 Bridge/Cards 10:00 Basic Computer 12:00 Pizza Lunch 1:00 Craft /Crochet/ Knitting Group 2:30 Joy of Writing	26 9:00 Men's Coffee Hr. 9:00 SHINE 12:00 Lunch	27 9:00 Church Group 10:00 Ladies Social 10:00 Quilting 11:30 Brown Bag 12:00 Lunch 1:00 Tax Preparer	28 9:00 Oil Painting 9:00 Blood Pressure w/Carol 10:00 Coffee Hour 12:00 Lunch 12:30 Grocery Shopping 1:00 Bingo	





Bridgewater Nursing Home
Quality Care in a Home-Like Setting
 16 Pleasant Street, Bridgewater, MA
 Phone: 508-697-4616

Medicaid/Medicare Certified
 

**ANNUAL INTERFAITH SERVICE—April 30th
(Tuesday) from 11:00am—1:00pm *Town Hall
A SERVICE OF HEALING and RESTORATION**

Come to help yourself heal from grief, loss, and the challenges we face in this life sometimes.

Reverend Joseph Wadsworth & Father Healy will help with the service on this day. A light Coalition to follow the service. All are welcome.

"GENERATIONS" FUNDRAISER: NATIONAL GRID CUSTOMERS

If you are interested in joining with "Viridian" under the umbrella of Generations, please give your name to Dottie Martel (President of Generations) - 781-754-0645. (If you don't pick a company, National Grid will pick one for you).

"GENERATIONS" MEETING: FEB 1st - cancelled - Rescheduled for March 8th, 11am at the Halifax Mobile Home Park. All are welcome!

"GENERATIONS" and many others appreciated the diligent energy that Carol Elliott put into organizing the successful Basket Raffle. Thanks again Carol! A BIG thank you to all who helped, and donated items and/or baskets: Natalie Powers, Dottie Kaye, Aldine McGee, Pat Joseph, Angela Elliott, Carol Page, Jean Duncan, Brenda Pettingill, Annie McKenna, Bob Bolduc and Paul Marchant.

"GENERATIONS" Luncheon on APRIL 6th at 11:30am at Halifax Police Station. Menu: Ham & Beans for \$8 p/p. Sign up with Dottie. Also, on April 21, a trip to Newport Playhouse at \$69 p/p, leave Halifax Mobile Home Park at 10am. Includes buffet & Cabaret Show! Call Dottie Martel to sign up—781-754-0645.

HALIFAX TRIAD — MARCH 12th (TUESDAY) MEETING

SPECIAL Presentation by the Plymouth County Sheriff's Department, Liisa Budge-Johnson will speak on "CHARITABLE GIVING," at the Halifax Police Station at 10am. Liisa is a dynamic speaker that you don't want to miss. Come and learn more about our TRIAD Program and the Police, Fire, COA and Sheriff's Departments all working together for the betterment of senior safety.

SHINE COUNSELING available every Tuesday at the COA from 9:00—11:30. Maria our Counselor will help you with Medicare, Mass Health, Health Insurance & prescriptions. Call for an appointment time.

Does Medicare cover my Shingles Shot?— Though Medicare Part B covers your flu, pneumonia and Hepatitis B (if you are at medium to high risk) shots, it does not cover your shingles vaccine. **However your Medicare prescription drug plan should cover your shingles vaccine and the cost of administering it.** Before you get your vaccination, check with your drug plan to find out what its coverage rules are.

Winter Weather & Snow Emergency —Please tune into the local weather on your radio or T.V. and listen for no school announcements for public school closings. If Halifax Elementary School is closed due to inclement weather, the COA will also be closed including all programs such as meals on wheels and van transportation. Home delivered meal participants do have emergency meals on hand for times like this.

Senior Center Transportation Schedule -CHANGE

Please call in advance if you need transportation to the pharmacy, medical or grocery appointments. Every Thursday at 12:30 pm the van travels to Stop & Shop for your grocery needs and on Fridays at 9am the van travels to Wal-Mart and town errands. A Lunch & shop group travels once a month to a local shopping area & out to lunch after!

FRIDAYS there will be one van open to do medical appointments from 8am—2pm, first come, first serve basis. All rates are still the same—Halifax \$2 roundtrip; South Shore area, \$6 (RT); Cape Cod \$10 (RT) and \$30 Boston roundtrip.

FOOT DOCTOR — Dr. Greg Cormier

Appointments on Tuesday, Feb 5th from 1:00—3:30pm. There are a few time slots open. Please call if interested. He charges \$25.00 a visit.

LOOKING FOR VOLUNTEERS FOR THE COUNCIL ON AGING WHO KNOW MICROSOFT PUBLISHER FOR A FEW HOURS ONCE A MONTH.

CALL Barbara if interested—293-7313.



BINGO PLAYERS...Would like more people to join them on Thursday afternoons from 1:00—3:00 pm. They play for prizes and have a lot of fun. If you are interested, drop in and visit!

APPLY FOR FUEL ASSISTANCE —If you need help with your Recertification paperwork, or are new, please call to make an appointment with Joyce (Outreach Workers) or Elaine on Tuesdays or Wednesdays from 1:00—3:00pm at the Council on Aging.

Bring with you: Recent electric, phone & fuel bills; 4 recent pay stubs or annual award letter & pension statement for your Social Security, for each person in household; Veteran benefits, worker's comp. or unemployment benefits; Interest bearing accounts, child support, alimony, other income; tax bill, rent receipt or land rent; social security cards for all in household; and Photo ID; Home owner's policy.

*If you need a ride call us for the senior van. If you are home-bound, the Outreach Worker can visit you and give assistance.

BLOOD PRESSURE & GLUCOSE TESTING

The first Thursday of the month from 10:30-11:30, testing is done with VNA Nurse Mary. There after, the following Thursdays, from 9am—noon, testing is done with our very own Carol Elliott, RN. Carol also educates about various health topics. We hope you will visit us this month. Records are kept for your convenience.



grille58@comcast.net
www.GRILLE58.COM

GRILLE 58
Where good friends meet

284 Monponsett St., Halifax MA 02338
781-293-6665
Debra Trotta, Proprietor



Old Colony Elder Services
Serving elders, families and caregivers since 1974

144 Main Street - Brockton, Massachusetts 02301
508-584-1561 TTY 508-587-0280 www.oldcolonyelderservices.org

MEDICAL ALARMS PROTECTING SENIORS NATIONWIDE



Push



Talk



Help is on the way

- ✓ 25+ Yrs. in Business
- ✓ A+ Rated with BBB
- ✓ Dr. Recommended
- ✓ Made in the USA
- ✓ Waterproof Button
- ✓ Price Guarantee
- ✓ Monitored in the USA
- ✓ Lifetime Warranty
- ✓ Tax Deductible*

\$19.95/Mo. - Holiday Special**

Toll Free: 1-877-801-5055



*Check with your accountant **First three months only



Great Heating Oil Prices
With Great Service
Fuel Assistance Accepted
Serving South Shore Area

781-294-0220
curtinbros@comcast.net
www.curtinbrosoil.com

Space for Sale

SPONSOR THIS NEWSLETTER!!!

For more information, please call

800-732-8070

Coin-Operated Self Laundry

OPEN DAILY 6 a.m. till 9 p.m.

121 Center Street in Middleboro Center 02346

617-828-2350



The Empty Hamper
AUDROMAT

ANY SIZE COMFORTER, QUILT, BLANKET

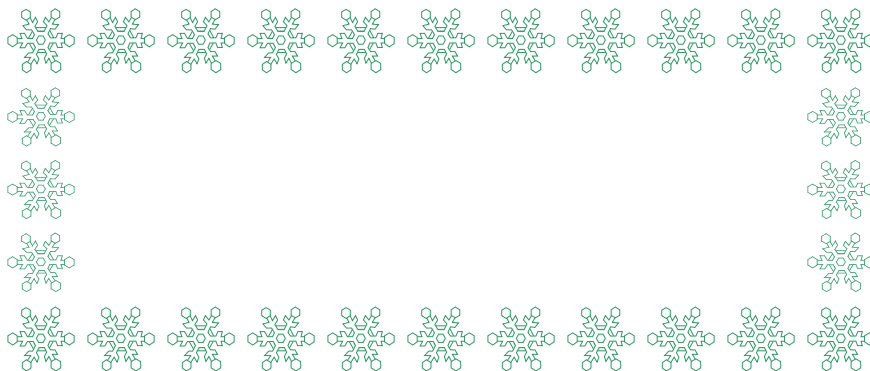
& SLEEPING BAG \$12 EACH.

(excluding down)

HALIFAX COUNCIL on AGING NEWSLETTER
506 Plymouth Street
Halifax, MA 02338

Presorted Standard Postage
US Postage PAID
Permit # 42
HALIFAX, MA 02338

RETURN SERVICE REQUESTED



Partial printing of this newsletter is made possible by a Grant from the Massachusetts Executive Office of Elder Affairs!